

The Mother Hub Referral Form

Complete the following referral form and email to: hello@themotherrhub.com.au.

The Mother Hub provides lactation appointments to assess issues, and provide treatment and advice, with breastfeeding, bottle feeding, unsettled babies, painful or damage nipples, mastitis, and low milk supply. A tongue tie clinic is also provided. At the tongue tie clinic tongue and lip tie releases (frenotomy) are undertaken for babies and children up to the age of 2 years.

Referrals to the tongue tie clinic can be undertaken in the Mother Hub or by a health professional expert in lactation or oral restrictions.

On receipt of this form, we will make an appointment in the Mother Hub for a lactation appointment or triage to the Tongue Tie Clinic. Our reception staff will email/telephone the mother/parent of the baby to organise this appointment.

1. Baby/Child

- First name
- Surname
- DOB

2. Parent/s

- Name
- Email
- Phone number
- Home address

3. Referring Practitioner

- Name
- Practice name
- Email
- Phone number

Parent's primary concern

Brief birth history

Vit K given at birth? Yes / No

Brief feeding history

Symptoms reported.

Tick the appropriate box

Mum		Baby		Older child	
Painful latch		Shallow/weak latch		Gags easily on food	
Nipple trauma		Baby fatigues during feeds		Food trapping	
Breast lumps/Mastitis		Excessive frequent feeds		Gap between teeth	
Milk blebs		Clicking during feeds		Delayed speech	
Over supply		Excessive wind/reflux/colic		Other:	
Low supply		Lip blisters			
Other:		Leaks milk			
		Little/no weight gain < 20gm/day without supplementation			
		Other:			

Provide description if appropriate.

Clinical assessment:

Tick the appropriate box

	Yes	No	Describe
Poor milk transfer seen?			
Infant has visible/palpable lingual frenulum?			
Frenulum position			
Where does frenulum attach?			
Inability to elevate tongue at least mid-way with wide open mouth?			
Inability of tongue to cup/maintain suction on examining finger/breast?			
Inability to protrude tongue past the lower gum line?			
Is there central dimpling or bowl shaped of tongue on extension			
Is there diminished lateral movement of tongue?			
Is there white coating on tongue but nowhere else?			
Infant has visible/palpable labial frenulum?			
Does the upper lip fold in, puckering or pursed lips when feeding?			
Is there perioral blanching and/or naso-labial folds?			
Is there two tone lips – lighter interior of inner aspect of lips?			